

LET'S GET BIKING TO SCHOOL!

Biking is freedom, adventure, transport, sport, and recreation.

The number of children biking to school over the last few decades has rapidly decreased, meaning less kiwi kids are experiencing the freedom and fun of biking.

There has been many reasons for this, traffic being one, however luckily in our Cambridge community we have quiet streets, shared-pathways in parks and ways to avoid traffic so there are always safe routes to school.

Yet still, a lot of parents are not confident in allowing their kids to bike to school. Rebecca Foy, Sport Waikato's Waipa District Coordinator was one of those parents.

"I was nervous about Gus (12 years) biking by himself, as not many kids do in Cambridge, but once I knew he was confident and competent at biking I anxiously let him go. I quickly realised that his bike gave him so much independence. He takes himself to school, cricket practice, to his friends, to the Avantidrome, and

to the market! It became pretty obvious that when Gus is on his bike, my community is looking out for him, as I often get messages from his friends parents when he has arrived at their house, or elsewhere. Cambridge is so small and flat it's the perfect environment for kids to ride to school, to other sport activities, or to the dairy to get the milk!"

To prepare for Intermediate, Sport Waikato, Waipa District Council and Cycling New Zealand are running the "let's get biking to school" programme in January for year's 6, 7 and 8 kids. Summer is the perfect time to get biking and kids will learn how to safely ride on the road, and how to plan a fun but safe route to school.



WHAT TO BRING:

BIKE, HELMET, COVERED SHOES AND DRINK BOTTLE

WHERE TO MEET: VICTORIA SQUARE PARK, OPPOSITE SPORT WAIKATO OFFICE, CAMBRIDGE 9AM-12 NOON

Limited places are available so pre-enrolment is essential.

ENROLMENT OPTIONS*:

17 AND 18 JANUARY PROGRAMME 1
24 AND 25 JANUARY PROGRAMME 2

*The same content will be delivered at both programmes.

PROGRAMMES ARE DELIVERED IN PARTNERSHIP WITH:



TO REGISTER - EMAIL TARYN.MAYALL@CYCLINGNEWZEALAND.NZ OR PHONE 027 213 5147